

# CARE

## User's Guide for Educators

[← All Courses](#)



### Addiction 01: 34-year-old woman - pregnancy and substance use

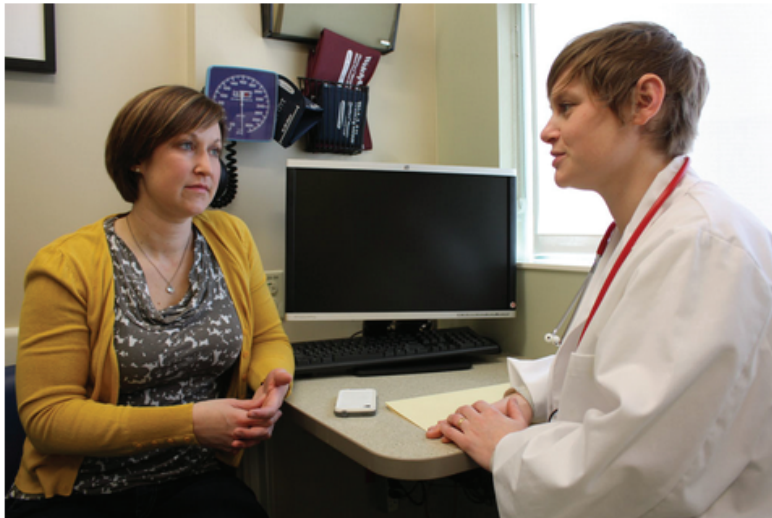
➤ [Module overview](#)

➤ [Patient Case: Ms. Langer](#)

➤ [Medical History](#)

➤ [Family History](#)

▼ [Assessing health behaviors](#)



Contact: [Wise@nyulangone.org](mailto:Wise@nyulangone.org)

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# What is CARE?

The Course on Addiction and Recovery Education (CARE) was developed by the nonprofit Hazelden Betty Ford Foundation to address the widely recognized need for substance use disorder education in medicine, nursing, pharmacy and healthcare as a whole.

**A lack of formal training** in this area has left many of today's practitioners inadequately prepared to assess, intervene, manage, and treat addiction and co-occurring disorders. Properly trained providers will be positioned to better serve substance use patients as well as improve the overall quality and cost-effectiveness of health care. CARE prepares practitioners to take on today's most underdiagnosed and misunderstood disease: addiction to alcohol and other drugs.

**A first-of-its-kind** in addiction e-learning, the Course on Addiction and Recovery Education (CARE) draws from leading experts and emerging science, covering topics such as integrated treatment for addiction and mental health issues and multicultural sensitivity. This course provides expert training and content that builds the skills needed to provide quality care to these patients.

The modules combine virtual patient cases and video presentations with self-assessment questions. TED-style video content are embedded into the modules, with leading addiction scientists and clinicians presenting the latest information and best practices on the 14 topics which include:

- Neurobiology of Addiction
- Psychiatric Comorbidity
- Epidemiology of Addiction
- Evidence-Based Behavioral Therapies
- Medication in the Treatment of Addiction
- Genetic in Alcohol and Substance Use Disorders

Learners will review virtual patient profiles covering the following topics:

- Pregnancy and Alcohol Abuse
- Cannabis Use in Adolescents
- Pain Management and Liability for Addiction
- Alcohol Withdrawal
- Dermatology and Stimulant Use
- IV Heroin Use and HIV

CARE is recommended for use at any point in the clinical education curriculum timeline, from the first year of training through to current practice.

# How Do I Navigate WISE?

Depending on your institution's subscription, you may have access to any combination of the following courses:



Click the three lines to open the menu.

## MODULES

Surgery

Skills

OnCall

CARE

Click on the desired module.

WISE-MD Surgery

WISE-MD Skills

WISE-OnCall

CARE (formerly known as Aquifer Addiction)

**MODULES**

- Surgery
- Skills
- OnCall

**REPORTS**

- Module Progress
- Question Progress
- Quiz Activity

**ADMIN**

- User List
- User Progress
- User Activity

**CARE (Addiction)** 12 Module(s) All Search...

Module Title	Progress	Launch	Details
Addiction 01: 34-year-old Woman - Pregnancy And Su	18 of 18 Done	Launch	Details
Addiction 02: 16-year-old Male - Adolescent And Su	6 of 13 Done	Launch	Details
Addiction 03: 38-year-old Man - Pain Management	1 of 22 Done	Launch	Details
Addiction 04: 56-year-old Man Alcohol Use - Withdr	0 of 18 Done	Launch	Details
Addiction 05: 34-year-old Man - Stimulant Use Diso	0 of 16 Done	Launch	Details
Addiction 06: 39-year-old Woman - Heroin Use And T	0 of 16 Done	Launch	Details
Addiction 07: Neurobiology Of Addiction	0 of 5 Done	Launch	Details
Addiction 08: Overview Of Treatment For Substance	0 of 5 Done	Launch	Details
Addiction 09: Evidence-based Behavioral Therapies			
Addiction 10: The Epidemiology Of Addiction And Ps			
Addiction 11: Conceptual Approaches To Treating Su			
Addiction 12: Substance Use Professionals And Medi			

Access modules, see your progress, access administrative tools (e.g., reports on your students).

# How Do I Access Reports?

All administrative accounts should see the following screen with an ADMIN navigation tab where reports can be accessed.

**WISE**

**MODULES**

- Surgey
- Skills
- OnCall
- CARE

**REPORTS**

- Module progress
- Question progress
- CARE Activity

**ADMIN**

- User List
- User Progress
- User Activity

### User List Report

**Domain**  
Your institution

**Clerkship**  
All Clerkships

**Date Added**  
Start Date: 10/01/2016  
End Date: 11/09/2020

Generate Report

Login	Name	Email	Created	Clerkship	Section
Studenta@school.edu		Studenta	9/16/2020		
Studentb@school.edu		Studentb	9/16/2020		
Studentc@school.edu		Studentc	4/21/2020		
Studentd@school.edu		Studentd	4/21/2020		
Studente@school.edu		Studente	9/17/2020		
			9/17/2020		
			9/17/2020		
			9/17/2020		
			9/17/2020		
			9/17/2020		

For each report type, the following are applicable:

**Domain:** This is your institution and will self-populate.

**Clerkship:** Some institutions wish to separate reports into individual clerkship groups. If you have requested subgroups, select the group here. If you want all students, select “all clerkships.” If you are interested in hearing more, please email [wise@nyulangone.org](mailto:wise@nyulangone.org).

WISE

MODULES

Surgery

Skills

OnCall

CARE

REPORTS

Module Progress

Question Progress

Quiz Activity

ADMIN

User List

User Activity

User List Report

Domain

Your Institution

Clerkship

All Clerkships

Date Added

Start Date

10/01/2016

End Date

11/09/2020

Generate Report

Login	Name	Email	Created	Clerkship	Section
Studenta@school.edu		Studenta	9/16/2020		
Studentb@school.edu		Studentb	9/16/2020		
Studentc@school.edu		Studentc	4/21/2020		
Studentd@school.edu		Studentd	4/21/2020		
Studente@school.edu		Studente	9/17/2020		
			9/17/2020		
			9/17/2020		
			9/17/2020		
			9/17/2020		

## User List

This report will give you a list of users based on the date range you specified. The date range is the date the user was added to the database.

WISE

MODULES

Surgery

Skills

OnCall

CARE

REPORTS

Module Progress

Question Progress

Quiz Activity

ADMIN

User Progress

User Activity

User Progress Report

Domain

Your Institution

Clerkship

All Clerkships

Date Added

Start Date

10/01/2016

End Date

11/09/2020

User

Login

First Name

Last Name

Generate Report

Login	Name	Report
Studenta@school.edu	Studenta	<a href="#">Progress &gt;</a>
Studentb@school.edu	Studentb	<a href="#">Progress &gt;</a>
Studentc@school.edu	Studentc	<a href="#">Progress &gt;</a>
Studentd@school.edu	Studentd	<a href="#">Progress &gt;</a>
Studente@school.edu	Studente	<a href="#">Progress &gt;</a>
		<a href="#">Progress &gt;</a>
		<a href="#">Progress &gt;</a>

## User Progress

This report will give you individual learner reports. If you do not specify names, then you will receive a list of all learners added within the date range specified. Click on the Progress button corresponding to the learner you are interested in to get their report.

WISE

MODULES

Surgey

Skills

OnCall

CARE

REPORTS

Module Progress

Question Progress

Quiz Activity

ADMIN

User List

User Progress

User Activity

Logout

User Activity Report

Domain

Your Institution

Clerkship

All Clerkships

Date Added

Start Date

08/01/2020

End Date

11/09/2020

Activity Dates

Start Date

10/01/2016

End Date

11/09/2020

Generate Report

CARE

Export

Student	Addiction 01: 34-year-old woman - pregnancy and su	Addiction 02: 16-year-old male - adolescent and su	Addiction 03: 38-year-old man - pain management	Addiction 04: 56-year-old man alcohol use - withdr	Addiction 05: 34-year-old man - stimulant use disco	Addiction 06: 39-year-old woman - heroin use and t	Addiction 07: Neurobiology of addiction	Addiction 08: Overview of treatment for substance	Addiction 09: Evidence-based behavioral therapies	Addiction 10: Conceptual approaches to treating su
student a studenta@medschool.org	-	-	-	-	14 / 14	-	3 / 3	3 / 3	3 / 3	4 / 4
student b studentb@medschool.org	16 / 16	11 / 11	-	16 / 16	14 / 14	-	3 / 3	3 / 3	3 / 3	4 / 4
student c studentc@medschool.org	-	-	-	16 / 16	14 / 14	-	3 / 3	3 / 3	-	-
student d studentd@medschool.org	-	11 / 11	-	-	-	-	-	3 / 3	4 / 4	3 / 3
student e										

## User Activity

This report will give you group activity reporting based on two date parameters: date the account was added (Date Added) and date of activity (Activity Dates). This will give you a report of multiple learners at once. If you use more than one product (Surgey, OnCall, or CARE) then you will be able to filter by product.

Student	Mid-Clerkship Review	Abdominal Aortic Aneurysms	Adrenal Adenoma	Anorectal Disease	Appendicitis	Bariatric	Bowel Obstruction
Student A studenta@medschool.org	-	-	-	8 / 8	-	8 / 8	-
Student B studentb@medschool.org	-	-	-	-	8 / 8	-	8 / 8
Student C studentc@medschool.org	-	7 / 7	-	-	-	-	-
Student D studentd@medschool.org	-	7 / 7	-	8 / 8	-	-	0 / 8

Module is completed

Module is in progress

Module not yet started

The questions and practice cases in WISE are for learner self-assessment only and are not designed to be used for grading purposes other than to note completion of the entire module.

There are no reports about the questions available to faculty and administrative staff. Learners are able to attempt the questions and practice cases as many times as they like.

Faculty interested in noting completion of these questions can ask the learners to send screenshots of the learner facing reports.

5

# How Do I Use the Modules?

CARE modules are disease-based case modules.

Skills modules are not case-specific and cover an array of skills.

**WISE**  
ONLINE MEDICAL LEARNING

**MODULES**

- Surgery
- Skills
- OnCall
- CARE**

**REPORTS**

- Module Progress
- Question Progress
- Quiz Activity

**Logout**

## CARE (Addiction)

12 Module(s) All Search...

**DESCRIPTION**  
Addiction 01: 34-year-old woman - pregnancy and substance use 4-year-old Woman - Pregnancy And Su

**DURATION**  
00:60:00

**Launch** **Details**

**Addiction 02: 16-year-old Male - Adolescent And Su**

**Launch** **Details**

**Addiction 03: 38-year-old Man - Pain Management**

1 of 22 Done

**Launch** **Details**

**Addiction 04: 56-year-old Man Alcohol Use - Withdr**

0 of 18 Done

**Launch** **Details**

**Addiction 05: 34-year-old Man - Stimulant Use Diso**

0 of 16 Done

**Details**

**Addiction 06: 39-year-old Woman - Heroin Use And T**

0 of 5 Done

**Launch** **Details**

**Addiction 07: Neurobiology Of Addiction**

0 of 5 Done

**Launch** **Details**

**Addiction 08: Overview Of Treatment For Substance**

0 of 5 Done

**Launch** **Details**

**Addiction 09: Evidence-based Behavioral Therapies**

**Addiction 10: The Epidemiology Of Addiction And Ps**

**Addiction 11: Conceptual Approaches To Treating Su**

**Addiction 12: Substance Use Professionals And Medi**

Click "Launch" to start a module.

Hover over "Details" for a brief module description and duration.

Search function

# Module Content

## Topic Content

Topic content unlocks after the previous section is viewed.

Return to  
module/course  
selection

[← All Courses](#)



### Addiction 01: 34-year-old woman - pregnancy and substance use

#### ▼ Module overview

This module includes a virtual patient case followed by a video. The case focuses on alcohol use during pregnancy, while the video covers a broad range of substance use that can occur during pregnancy. It will take approximately one hour to complete the module. You will first proceed through a patient case by clicking through the information provided and answering questions along the way. Once you have completed the case, you will find a video to view.

Continue

Click the continue button to  
progress to the next section

#### > At-risk drinking

##### > At-risk drinking during pregnancy

##### > No safe level

##### > Motivation enhancement therapy

##### > Screening, intervening, and referring

##### > Following up with Ms. Langer

##### > Video: Substance Use Disorders and the Pregnant Patient

##### > Learning Objectives

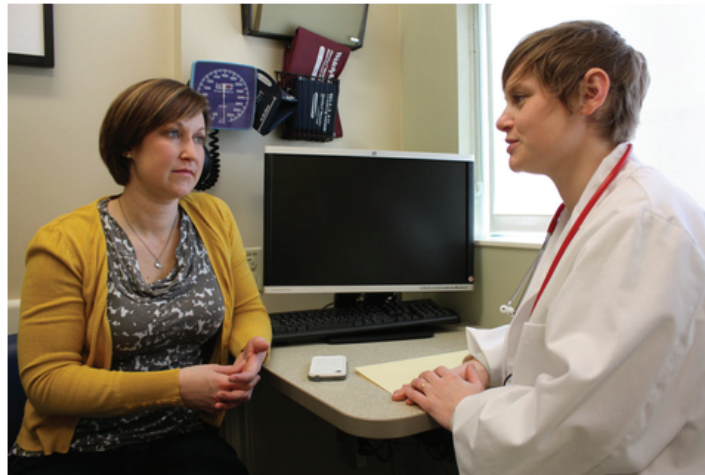
##### > Self-Assessment Questions

Thank you for completing Addiction 01: 34-year-old woman - pregnancy and substance use.

Once all module content is completed a thank you message will appear

Assessing health behaviors

Expand/collapse sections



Patient Case

The first phase of the module involves following a patient case.

You ask Ms. Langer about her health behaviors:

Assessing Health Behaviors

"If it's okay with you, I'd like to ask you a few questions that will help me give you better medical care. The questions relate to your experience with alcohol, cigarettes, and other drugs. Some of the substances we'll talk about are prescribed by a doctor (like pain medications). But I will record those only if you have taken them for reasons or in doses other than prescribed. I'll also ask you about illicit or illegal drug use--but only to better diagnose and treat you."

> "In the past year, how often have you used alcohol?"

> "In the past year, how often have you used tobacco products?"

> "In the past year, how often have you used illegal drugs?"

Question

When should you screen for at-risk drinking? Select all that apply.

- ☒ A. As part of the annual physical exam
- ☒ B. In the first trimester of pregnancy
- ☒ C. Prior to prescribing medication that interacts with alcohol
- ☒ D. When seeing patients who have health problems that might be alcohol induced
- ☒ E. When seeing patients who have a chronic illness that isn't responding to treatment as expected

Submit

Answer

> The expert has selected A, B, C, D, E.

DEEP DIVE

Screening for At-Risk Drinking

Organization	Recommendation
U.S. Preventive Services Task Force	Clinicians should screen adults > 18 years for alcohol misuse and provide persons engaged in risky or hazardous drinking with brief behavioral counseling interventions to reduce alcohol misuse. (B recommendation)
American Congress of Obstetricians and Gynecologists	All women seeking obstetric-gynecologic care should be screened for alcohol use at least yearly and within the first trimester of pregnancy.

Questions

Questions can be attempted once. Answers will be saved, but will not appear on reporting

Deep Dive

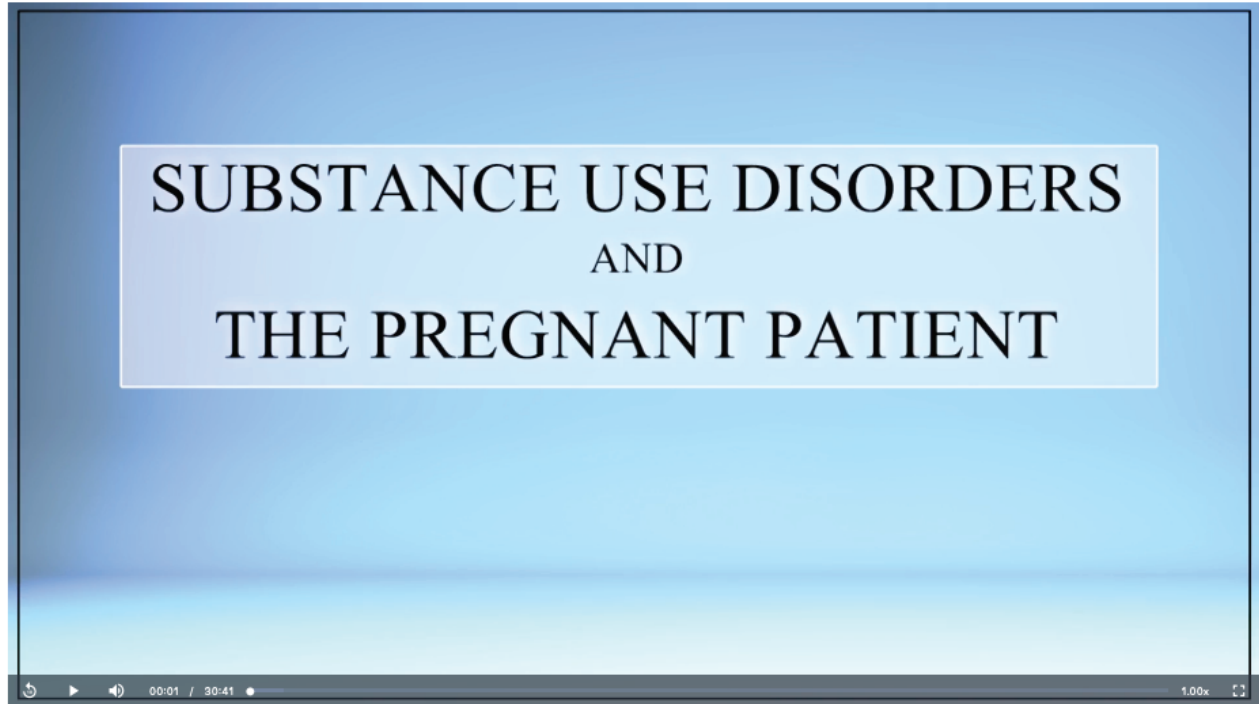
Expand deep dives for additional information

## Video

After completing the patient case a summative video will be unlocked.

### ▼ Video: Substance Use Disorders and the Pregnant Patient

Now that you have completed the patient case, you can view the following video. This video takes a closer look at substance use within the context of pregnancy. It also covers different pharmacotherapy options for pregnant patients with opioid use disorders.



## Self-Assessment Questions

Questions can be attempted once. Answers will be saved, but will not appear on reporting

### ▼ Self-Assessment Questions

#### ▼ Question 1

True or False: It is very common for women to initiate substance use AFTER they know they are pregnant.

- ☐ A. True  
✓ ☒ B. False

Submit

#### Answer

The expert has selected B. It is very unusual for women to initiate substance use after they know they are pregnant.

#### > Question 2

#### > Question 3

#### > Question 4

#### > Question 5