

CARE

User's Guide for Students

[< All Courses](#)



Addiction 01: 34-year-old woman - pregnancy and substance use

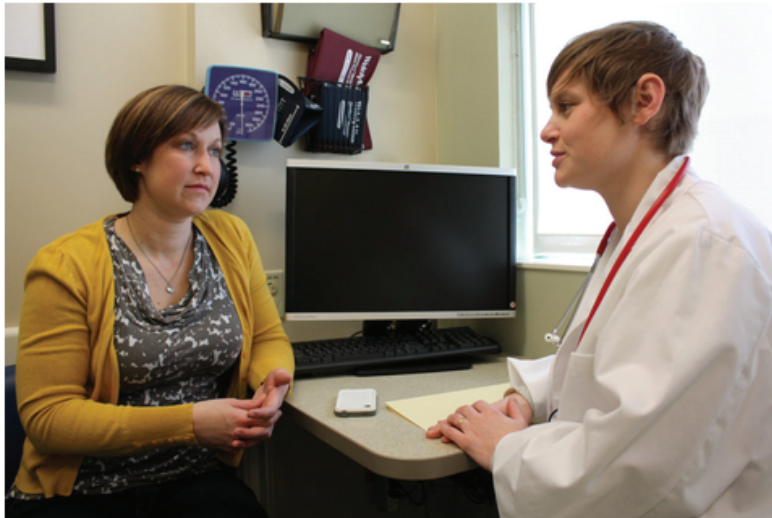
[> Module overview](#)

[> Patient Case: Ms. Langer](#)

[> Medical History](#)

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[▼ Assessing health behaviors](#)



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What is CARE?

The Course on Addiction and Recovery Education (CARE) was developed by the nonprofit Hazelden Betty Ford Foundation to address the widely recognized need for substance use disorder education in medicine, nursing, pharmacy and healthcare as a whole.

A lack of formal training in this area has left many of today's practitioners inadequately prepared to assess, intervene, manage, and treat addiction and co-occurring disorders. Properly trained providers will be positioned to better serve substance use patients as well as improve the overall quality and cost-effectiveness of health care. CARE prepares practitioners to take on today's most underdiagnosed and misunderstood disease: addiction to alcohol and other drugs.

A first-of-its-kind in addiction e-learning, the Course on Addiction and Recovery Education (CARE) draws from leading experts and emerging science, covering topics such as integrated treatment for addiction and mental health issues and multicultural sensitivity. This course provides expert training and content that builds the skills needed to provide quality care to these patients.

The modules combine virtual patient cases and video presentations with self-assessment questions. TED-style video content are embedded into the modules, with leading addiction scientists and clinicians presenting the latest information and best practices on the 14 topics which include:

- Neurobiology of Addiction
- Psychiatric Comorbidity
- Epidemiology of Addiction
- Evidence-Based Behavioral Therapies
- Medication in the Treatment of Addiction
- Genetic in Alcohol and Substance Use Disorders


Learners will review virtual patient profiles covering the following topics:

- Pregnancy and Alcohol Abuse
- Cannabis Use in Adolescents
- Pain Management and Liability for Addiction
- Alcohol Withdrawal
- Dermatology and Stimulant Use
- IV Heroin Use and HIV

CARE is recommended for use at any point in the clinical education curriculum timeline, from the first year of training through to current practice.

How Do I Navigate WISE?

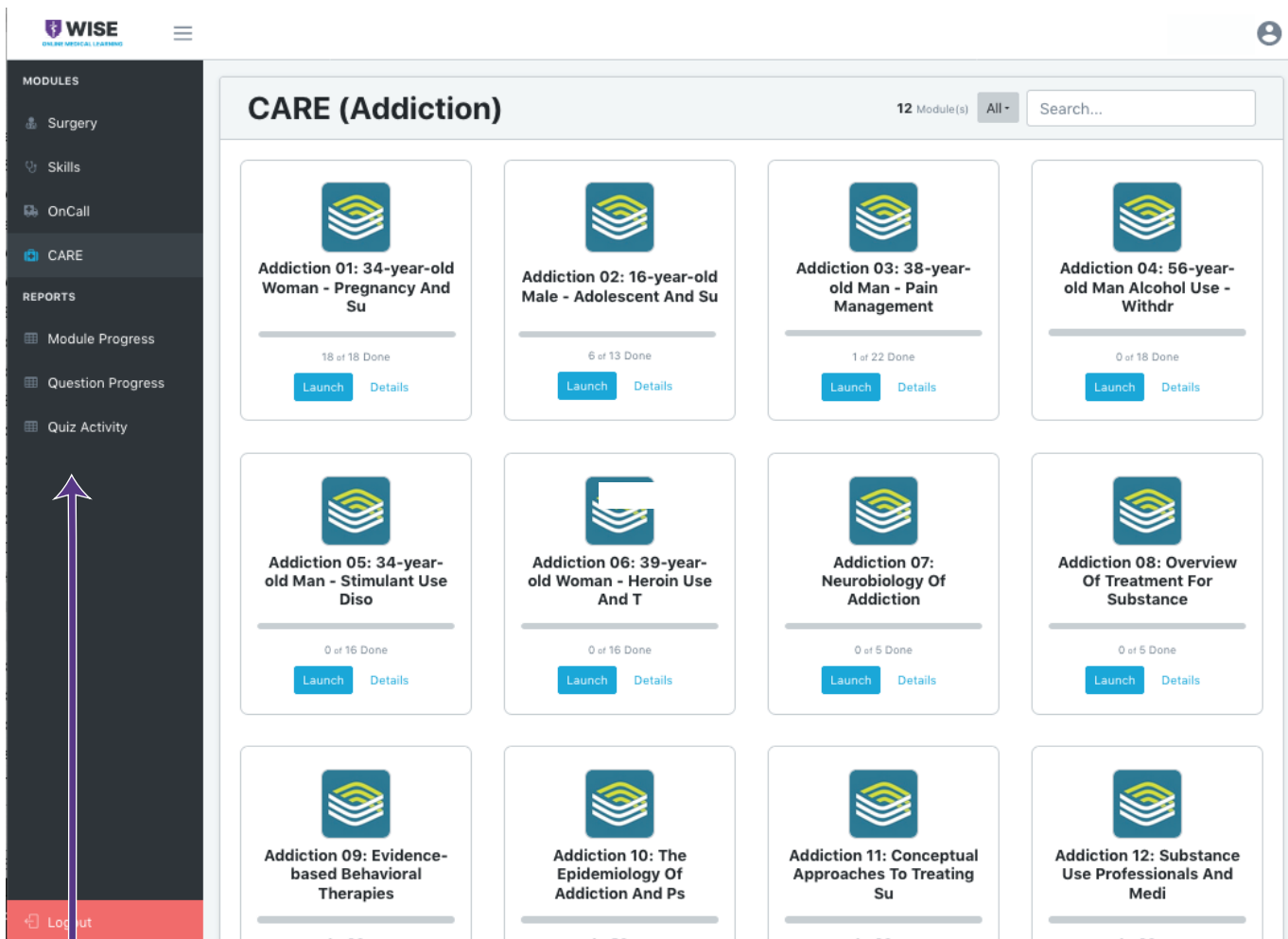
Depending on your institution's subscription, you may have access to any combination of the following courses:



Click the three lines to open the menu

Click on the desired module

- Surgery → WISE-MD Surgery
- Skills → WISE-MD Skills
- OnCall → WISE-OnCall
- CARE → CARE (formerly known as Aquifer Addiction)



The screenshot shows the WISE interface with the 'CARE (Addiction)' module selected. The left sidebar contains a 'MODULES' section with 'Surgery', 'Skills', 'OnCall', and 'CARE' (highlighted). Below 'MODULES' is a 'REPORTS' section with 'Module Progress', 'Question Progress', and 'Quiz Activity'. The main content area displays 12 modules in a grid, each with a progress bar and 'Launch'/'Details' buttons. The modules are:

- Addiction 01: 34-year-old Woman - Pregnancy And Su (18 of 18 Done)
- Addiction 02: 16-year-old Male - Adolescent And Su (6 of 13 Done)
- Addiction 03: 38-year-old Man - Pain Management (1 of 22 Done)
- Addiction 04: 56-year-old Man Alcohol Use - Withdr (0 of 18 Done)
- Addiction 05: 34-year-old Man - Stimulant Use Diso (0 of 16 Done)
- Addiction 06: 39-year-old Woman - Heroin Use And T (0 of 16 Done)
- Addiction 07: Neurobiology Of Addiction (0 of 5 Done)
- Addiction 08: Overview Of Treatment For Substance (0 of 5 Done)
- Addiction 09: Evidence-based Behavioral Therapies (0 of 16 Done)
- Addiction 10: The Epidemiology Of Addiction And Ps (0 of 16 Done)
- Addiction 11: Conceptual Approaches To Treating Su (0 of 16 Done)
- Addiction 12: Substance Use Professionals And Medi (0 of 16 Done)

At the bottom of the sidebar is a 'Log out' button.

Access modules, see your progress, access administrative tools (e.g., reports on your students).

How Do I Access Reports?

For CARE modules, only module progress reporting is available to students.

WISE
ONLINE MEDICAL LEARNING

MODULES

- Surgery
- Skills
- OnCall
- CARE

REPORTS

- Module Progress
- Question Progress
- Quiz Activity

Logout

Module Progress for **CARE** 12 Modules All -

Addiction 01: 34-year-old woman - pregnancy and su

Lesson	Status	Date
Module overview	✓	2020-07-16 06:58:36 AM
Patient Case: Ms. Langer	✓	2020-07-16 06:58:41 AM
Medical History	✓	2020-07-16 06:58:46 AM
Family History	✓	2020-07-16 06:58:47 AM
Assessing health behaviors	✓	2020-07-16 06:58:56 AM
Screening tools	✓	2020-07-16 06:58:58 AM
Quantity and frequency of drinking	✓	2020-07-16 06:59:01 AM

Module Progress

This tab shows the completion status for each module by section. If you are enrolled in more than one course on the WISE platform, you will be able to filter based on which course you need (Surgery/Skills, OnCall or CARE).

How Do I Use the Modules?

CARE modules are disease-based case modules.

Skills modules are not case-specific and cover an array of skills.

WISE
WIDENING THE IMPACT OF SKILLS EDUCATION

MODULES

- Surgery
- Skills
- OnCall
- CARE**

REPORTS

- Module Progress
- Question Progress
- Quiz Activity

Logout

CARE (Addiction)

12 Module(s) All Search...

DESCRIPTION
Addiction 01: 34-year-old woman - pregnancy and substance use
DURATION
00:60:00

Launch **Details**

Addiction 02: 16-year-old Male - Adolescent And Su

Launch **Details**

Addiction 03: 38-year-old Man - Pain Management

1 of 22 Done
Launch **Details**

Addiction 04: 56-year-old Man Alcohol Use - Withdr

0 of 18 Done
Launch **Details**

Addiction 05: 34-year-old Man - Stimulant Use Diso

0 of 15 Done
Launch **Details**

Addiction 06: 39-year-old Woman - Heroin Use And T

0 of 5 Done
Launch **Details**

Addiction 07: Neurobiology Of Addiction

0 of 5 Done
Launch **Details**

Addiction 08: Overview Of Treatment For Substance

0 of 5 Done
Launch **Details**

Addiction 09: Evidence-based Behavioral Therapies

Addiction 10: The Epidemiology Of Addiction And Ps

Addiction 11: Conceptual Approaches To Treating Su

Addiction 12: Substance Use Professionals And Medi

Click "Launch" to start a module.

Hover over "Details" for a brief module description and duration.

Search function

Module Content

Topic Content

Topic content unlocks after the previous section is viewed.

Return to
module/course
selection

[← All Courses](#)



Addiction 01: 34-year-old woman - pregnancy and substance use

▼ Module overview

This module includes a virtual patient case followed by a video. The case focuses on alcohol use during pregnancy, while the video covers a broad range of substance use that can occur during pregnancy. It will take approximately one hour to complete the module. You will first proceed through a patient case by clicking through the information provided and answering questions along the way. Once you have completed the case, you will find a video to view.

Continue

Click the continue button to
progress to the next section

> At-risk drinking

> At-risk drinking during pregnancy

> No safe level

> Motivation enhancement therapy

> Screening, intervening, and referring

> Following up with Ms. Langer

> Video: Substance Use Disorders and the Pregnant Patient

> Learning Objectives

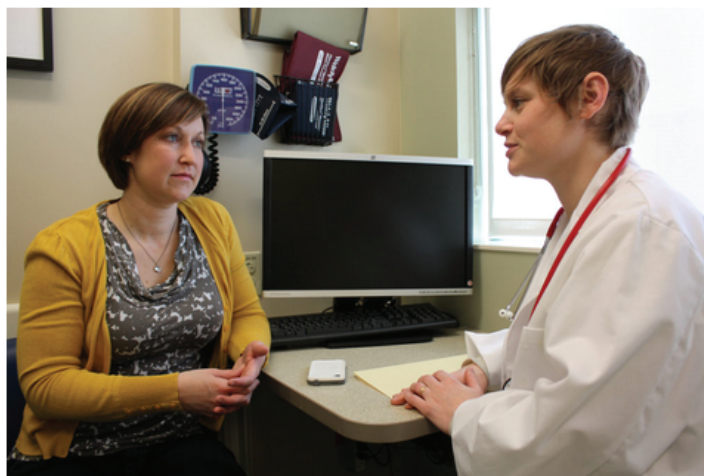
> Self-Assessment Questions

Thank you for completing Addiction 01: 34-year-old woman - pregnancy and substance use.

Once all module content is completed a thank you message will appear

▼ Assessing health behaviors

Expand/collapse sections



Patient Case

The first phase of the module involves following a patient case.

You ask Ms. Langer about her health behaviors:

Assessing Health Behaviors

"If it's okay with you, I'd like to ask you a few questions that will help me give you better medical care. The questions relate to your experience with alcohol, cigarettes, and other drugs. Some of the substances we'll talk about are prescribed by a doctor (like pain medications). But I will record those only if you have taken them for reasons or in doses other than prescribed. I'll also ask you about illicit or illegal drug use--but only to better diagnose and treat you."

> "In the past year, how often have you used alcohol?"

> "In the past year, how often have you used tobacco products?"

> "In the past year, how often have you used illegal drugs?"

Question

When should you screen for at-risk drinking? Select all that apply.

- ✓ ☒ A. As part of the annual physical exam
- ✓ ☐ B. In the first trimester of pregnancy
- ✓ ☐ C. Prior to prescribing medication that interacts with alcohol
- ✓ ☐ D. When seeing patients who have health problems that might be alcohol induced
- ✓ ☐ E. When seeing patients who have a chronic illness that isn't responding to treatment as expected

Submit

Answer

> The expert has selected A, B, C, D, E.

▼ DEEP DIVE

Screening for At-Risk Drinking

Organization	Recommendation
U.S. Preventive Services Task Force	Clinicians should screen adults > 18 years for alcohol misuse and provide persons engaged in risky or hazardous drinking with brief behavioral counseling interventions to reduce alcohol misuse. (B recommendation)
American Congress of Obstetricians and Gynecologists	All women seeking obstetric-gynecologic care should be screened for alcohol use at least yearly and within the first trimester of pregnancy.

Questions

Questions can be attempted once. Answers will be saved, but will not appear on reporting

Deep Dive

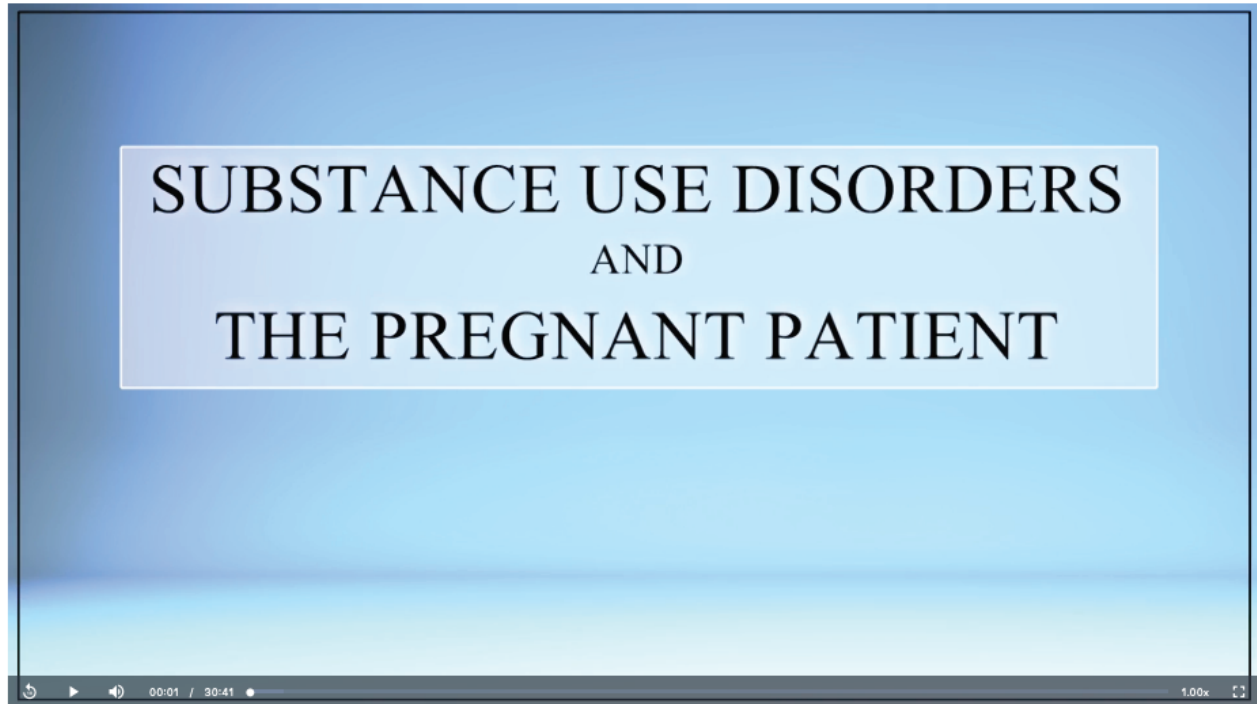
Expand deep dives for additional information

Video

After completing the patient case a summative video will be unlocked.

▼ Video: Substance Use Disorders and the Pregnant Patient

Now that you have completed the patient case, you can view the following video. This video takes a closer look at substance use within the context of pregnancy. It also covers different pharmacotherapy options for pregnant patients with opioid use disorders.



Self-Assessment Questions

Questions can be attempted once. Answers will be saved, but will not appear on reporting

▼ Self-Assessment Questions

▼ Question 1

True or False: It is very common for women to initiate substance use AFTER they know they are pregnant.

☐ A. True

✓ ☒ B. False

Submit

Answer

The expert has selected B. It is very unusual for women to initiate substance use after they know they are pregnant.

> Question 2

> Question 3

> Question 4

> Question 5