

AQUIFER EDUCATOR CONNECTION PODCAST

Episode 10: Using Aquifer Cases in Women's Health and Behavioral Medicine

Guest: Mary Stahovich, MHP, PA-C Assistant Professor and Didactic Coordinator of Physician Assistant Studies at California Baptist University

Host: Lynne Robins, PhD, Professor Emerita, Department of Biomedical Informatics and Medical Education, University of Washington School of Medicine, Seattle, WA.

Description: In this episode, Mary Stahovich, PA-C describes how searching across a range of Aquifer courses using the content library enabled her to discover extensive case resources she could incorporate into her didactic courses on women's health and behavioral medicine – areas in which it can be particularly challenging for students to obtain experience prior to entering clinical practice. Using this same strategy, she identified case resources she incorporated into her Behavioral Health curriculum to meet the most recent PA accreditation standards for addressing diversity and inclusion.

Mary's Key Takeaways:

1. Aquifer offers ready to use cases in the fields of Behavioral Medicine and Women's Health - areas where it can be particularly challenging for students to obtain clinical experience.
 - a. Though Aquifer does not have specific courses that cover the full range of issues in behavioral medicine or women's health there are cases across a range of other courses that can be used effectively in these courses.
 - b. It is easy to search Aquifer's content library to find relevant cases in these areas – even when there are not Aquifer courses.
2. The rich media, detailed scenarios and in-depth cases including follow-up visits are incredibly helpful in preparing learners to work with patients and provide effective care.
 - a. Mary uses a case including a video of a live birth to help prepare students before they enter a labor and delivery room
 - b. The follow-up visits in the labor and delivery case help her teach how to manage this completely different care plan
 - c. In her Behavioral Health course using a case which includes LGBTQ issues helps her model with students how to manage sensitive discussions.
3. Aquifer cases provide an excellent starting point for rehearsal for practicing individualized patient care.
 - a. You can reinforce learning by following up cases with role play/simulated patient dialogues.
4. Aquifer makes it easy to track student progress as they work through cases.
 - a. You can see case start and completion dates.

- b. If you have concerns about students waiting until the last minute – you can detect and address that behavior.

Additional Resources:

- Use the Content Library, accessible from the top blue menu bar on your Courses page in Aquifer, to search for content that fits your curricular needs.
- Aquifer cases and Integrated Illness Scripts are searchable by Presenting and Final Diagnosis; Clinical and Basic Science Discipline; Clinical Location; Clinical Focus; Age Group; System; and free text search.

Theme Music: “Little Idea” by scottholmesmusic.com