Episode 22: Practicing Trauma-Informed Care with Aquifer

Guests: Sheela Raja, PhD, Director, College of Dentistry Resilience Center and Associate Professor, Oral Medicine and Diagnostic Sciences, University of Illinois at Chicago.

Shairi Turner, MD, MPH, Chief Health Officer at Crisis Text Line, New York, NY

*Drs. Raja and Turner, both experts in Trauma Informed Care, collaborated with interprofessional experts across the nation to create Aquifer’s cases on Trauma Informed Care.*

Host: Lynne Robins, PhD, Professor Emerita, Department of Biomedical Informatics and Medical Education, University of Washington School of Medicine, Seattle, WA.

Description: In this episode, Drs. Raja and Turner discuss the prevalence and impact of trauma on both patients and health care practitioners and the importance of acquiring the knowledge and skills necessary to practice universal trauma precautions in healthcare. They describe how they collaborated to create Aquifer’s [Trauma-Informed Care](#) cases and lay out the kinds of trauma to which all practitioners must be attuned. Additionally, they provide strategies and suggestions for adding TIC to health professions courses and curricula.

**Theme Music:** “Little Idea” by scottholmesmusic.com